

226ERS products at We Ride Flanders

Live the We Ride Flanders experience to the full with 226ERS! These are the products that you will find in the provisioning zones throughout the trial:

HYDRAZERO – Hypotonic drink. We recommend you try our mineral salts drink during the trial. It will help you to replace lost electrolytes and refill your mineral salt reserves.

Each dose of Hydrazero provides 500mg of sodium, which improves hydration and provides a better balance of body fluids. It is made with stevia, which means that it replaces lost electrolytes, but without adding any calories.

You'll find it in two flavours: lemon and tropical flavour.



RACE DAY BAR – A gluten-free energy bar that is suitable for vegans: perfect for training and competitions. Rich in carbohydrates, being made of nuts and pumpkin seeds. Easy to chew, these bars provide energy but do not provoke any insulin spikes.

You'll find them in different flavours and featuring different characteristics:

Race Day Bar BCAA - In 8:1:1 ratio (Leucine+)

- Dark Chocolate: with natural cocoa powder, organic chocolate chips and natural chocolate aroma
- Apple & Cinnamon: with organic chopped dried apple, organic cinnamon powder and natural apple aroma.
- Banana & Ginger: with banana flakes, organic ginger powder and natural banana aroma.



Race Day Bar choco bits - With delicious chocolate bits

- Strawberry & White Chocolate: with strawberry powder, natural strawberry aroma and white chocolate chips. (Due to the milk content in the white chocolate chips, this flavour is not suitable for vegans or for the lactose-intolerant).
- Citric Lemon: with powdered lemon, lemon flakes and organic dark chocolate chips.



Race Day Bar salty - Contains a hint of salty and 120mg of sodium per bar

- Peanuts: with roasted peanuts and organic dates.



HIGH ENERGY GEL – 76g Stick: our gels provide 50g of carbohydrates per unit. They are designed to offer prolonged energy release, perfect during exercise.

During We Ride Flanders you will be able to choose from amongst the following varieties:

- Lemon, Banana and Neutral: basic formula with natural aromas
- BCAA Orange: it contain 1g of BCAA 8:1:1 added
- Cherry: with 160mg of caffeine
- Strawberry: it contain 250mg of sodium and a salty touch



ISOTONIC GEL - Stick 69g: isotonic energy gel with cyclodextrin (for prolonged energy release), natural flavours, stevia and a high carbohydrate content (22g), 89 Kcal per gel.

Improves glycogen replenishment more efficiently. You don't need water to take it, the gel itself contains the necessary amount. Available in 3 flavours and 2 different formulations:

- Lime and Watermelon: basic formula
- Cola: with 100mg of caffeine



HIGH FRUCTOSE GEL - Stick 80g: energy gel formulated with maltodextrin and fructose in the proportion of 10:8, providing 55 g of carbohydrates per gel and 220 Kcal. In addition to 250 mg of sodium. It is vegan friendly and gluten free.

The combination of maltodextrin and fructose enables the digestion and assimilation of high amounts of carbohydrates per hour, reducing the risk of gastric problems.

Which flavour do you prefer?

- Banana
- Strawberry
- Cola: with 100mg of caffeine



226ERS will take part at We Ride Flanders with a view to providing the healthiest products possible, all of which are gluten-free, free of GMO's and feature no unnecessary additives. We use the finest and highest-quality ingredients in order to ensure that nothing interferes with your digestive system or the absorption of all the nutrients you require to enjoy sports activities and endurance competitions.